

For Your Benefit – and for your reference after you enroll

Health insurance

If you are a new member or change plans, you will receive member ID information from **The Loomis Company**. If needed, you can print a temporary member ID card, using the instructions below. The Loomis Co Member Services can be reached at 1-800-346-1223. Our group number is F127AWC. Register at Loomislive.com for more information. Your medical ID card will include your pharmacy information for **RxBenefits**; Member Services can be reached at 1-800-334-8134.

Dental insurance

If you enroll in dental insurance, you will receive a Loomis ID card. If you enroll in both health and dental insurance, you will receive one ID card with plan information. Loomis Dental Member Services can be reached at 1-800-346-1223. Our group number is F127AWC 835147. Register at Loomislive.com for more information.

Instructions for Printing Medical or Dental ID Cards on Loomislive.com

1) From Loomislive.com click on "MyLoomis Login," and then complete the secure log-in or, if you are a first-time user, register your account.
2) From your homepage, click on the My Workspace drop down menu and Select My Coverages.
3) At the I WOULD LIKE TO drop down, choose VIEW COVERAGE
4) On the Coverage Summary screen, you will see the buttons to either request an ID card or view/print an ID card.

Your Loomis Company health insurance includes access to Teladoc –an affordable and timely alternative to Emergency Room and Urgent Care visits for non-emergency medical care. Consult with a national network of U.S. board-certified physicians who can diagnose, treat, and prescribe prescriptions for a consultation fee of $61 for routine care ($25 if enrolled in the NSO plan). Available by telephone, on the Teladoc mobile app, as well as with online video using Teladoc.com. Visit **Teladoc.com/care-anytime** for more information and to set up your account. Once registered, call 1-800-Teladoc (835-2362) for a consultation.

Your enrollment in an Arc WC-sponsored medical plan allows you to participate in Healthy Steps (powered by Peak Health), earning $10, $20, or $30 per pay-period. For more information, visit: **mymonarc.org/healthysteps**. Register at peak-health.net/wellness. Peak Health can be reached at (252) 237-5090 or appointment@peak-health.net.

Vision. You do not need a card for the vision plan. When you use the plan at a provider who accepts Vision Benefits of America (VBA), they can confirm your coverage with your Social Security number. Member Services can be reached at 800-432-4966. Our group number is 9113. Visit VBA online at vbaplans.com for more info and to find a provider.

Hearing Service Plan. Enrollment in the vision plan includes access to Your Hearing Network, a discount program for devoted to your hearing needs. Call 888-819-5333 or visit vbaplans.com for more information. Our group number is 9113.

Last updated 11/04/2026 for the Plan Year that starts 1/1/2027

Health Savings Account (HSA)
Health Reimbursement Arrangement (HRA)
Flexible Spending Account (FSA)

HSA and medical FSA participants will receive a debit card. When your card expires (typically in three years), you will receive a new one if you remain enrolled in the same benefit. Tip: ask for electronic statements to avoid a monthly charge from CareFlex for printed and mailed statements. For help or to find the balance of your HSA, HRA, Medical FSA, or Dependent Care FSA, visit mycareflex.wealthcareportal.com, call 1-888-577-2762, or email support@careflex.com.

Legal services from MetLife. For information, visit info.legalplans.com and enter access code: **Legal** or call the Client Service Center at 1-800-821-6400 Monday - Friday from 8am - 8pm (ET).

Short-term disability and voluntary options for long-term disability, voluntary term life, critical illness, accident, and hospital indemnity. Member Services is available at 1-866-783-2255 or at Lincolnfinancial.com. Disability claims can be filed by calling 1-866-783-2255.

Need help? Your **benefits HealthAdvocate**SM is available 24/7 to help handle any situation in a discreet and confidential manner. Call 1-866-695-8622, email answers@HealthAdvocate.com, or visit HealthAdvocate.com/members. First-time users may need to refer to registration code: AT6FD2R.

Important Benefit Contact Numbers

Loomis Medical	800-346-1223
Loomis Dental	800-346-1223
CareFlex (HSA, HRA, FSA or DepFSA)	888-577-2762
Employee Assistance Program (EAP)	301-766-7600
HealthAdvocate	866-695-8622
Lincoln Financial	866-783-2255
MetLaw	800-821-6400
Peak Health (for Healthy Steps)	252-237-5090
RxBenefits/CareMark	800-334-8134
ScriptSourcing	410-902-8811
Teladoc	855-Teladoc (855-835-2362)
TrustMark Permanent Life & LTC	866-813-7192 x3
VBA Vision (Group #9113)	800-432-4966
Your Hearing Network (part of VBA)	800-432-4966

Find more information at myMonarc.org

Questions? Need to make a change? Please remember that you cannot change your pre-tax benefits (medical, dental, vision, HSA, or FSA) outside of Open Enrollment unless you experience a Qualified Life Event and notify me within 30 days of the event. Examples of Qualified Life Events include marriage, divorce, a new baby, involuntary loss of other coverage, changes in your spouse's employment status, and so on. If you're not sure whether you've had (or are about to have) a qualifying event, contact me and we can discuss.

Janis Williamson, HR Specialist
Office: 301-797-2121 x2236
Texts only: 301-636-7607
Email: JLWilliamson@arcwc-md.org
The QR code will take you to a list of payroll deduction codes.

Please review your **first pay statement after your benefits become active** to make sure benefit deductions are being applied correctly. Thanks!